



3 Bananas

APPETIZERS

- Jalapeño Bacon Cheese Fries** 10
Topped with golden melted cheddar cheese, Jalapeño peppers and bacon. Served with ranch dressing.
- Buffalo Shrimp** 11
8 lightly battered, fried and dipped in our hot sauce
- Chips & Salsa** 6
- Mini Quesadilla** 6
Stuffed with cheddar cheese. Served with salsa and sour cream. Chicken-add \$4, Steak-add \$5 or Shrimp-add \$6
- Cheese Curds** 9
Lightly fried mozzarella cheese curds. Served with chipotle ranch
- Clam Strips** 11
Served with cocktail sauce
- Half Rack of Ribs** 14
Your choice of Thai Chili or BBQ style
- Fried Pretzel** 9
3 deep fried pretzels. Served with honey mustard
- Steamed Shrimp (GF)**
Half pound - \$12
Full Pound - \$19

SALADS

- House Salad** 9
Fresh assorted veggies and croutons
Chicken-Add \$3, Shrimp-Add \$5
- Chipotle Grilled Chicken Salad** 13
Fresh greens, onion, tomato, shredded cheese
Served with chipotle ranch dressing
- Chef Salad (GF)** 14
Ham, turkey, egg and cheese on fresh greens
- Caesar Salad** 9
Fresh greens, cheese, croutons and drizzled with caesar egg dressing
Grilled Chicken-Add \$3, Grilled Shrimp-Add \$5
- Crispy Chicken Salad** 13
Panko crusted chicken fingers on fresh salad greens, tomatoes, shredded cheese and eggs with honey mustard dressing

WRAPS

*Served with one side: Slaw, Potato Salad or Chips
Add a side of Fries or Sweet Potato Fries \$3*

- Big Banana Wrap** 14
Tender sliced beef and grilled turkey breast served with sautéed onions and cheese
- Jalapeño Sloppy Wrap** 11
Barbecue pulled pork, provolone cheese, Jalapeños and slaw
- Grilled Chicken Caesar Wrap** 11
Chicken breast, cheese, lettuce and tomato wrapped up with caesar dressing
- Fried Chicken Wrap** 11
Panko crusted chicken tenders, lettuce, tomato and cheese with honey mustard dressing.
Buffalo style-Add \$0.29

OUR WORLD FAMOUS BUFFALO WINGS

Served with carrots, celery & creamy blue cheese or ranch

10...\$13 20...\$23

Choose your favorite: Mild, Hot, Screamin', Teriyaki, Garlic Sweet BBQ, Island, Hot Garlic, Garlic Parmesan, Bourbon Sauce or Nude.

Dry Rubs: Lemon Pepper, Old Bay or Cajun

TACOS

Served with chips and salsa

- Mahi Tacos** 16
- Shrimp Tacos** 13
- Chicken Tacos** 11

(GF) = Gluten Free
Prices subject to change without notice

SANDWICHES

Served with one side: Slaw, Pototo Salad or Chips
Add a side of Fries or Sweet Potato Fries \$3

- Turkey Ruben** 12
Finely sliced turkey, topped with slaw and Swiss cheese
Served with our speical homemade sauce
- Fried Haddock Sandwich**..... 15
Flakey whitefish beer battered, fried with lettuce, tomato, pickle and onion. Served with our special tartar sauce
- Fish Ruben**.....**Market Price**
Choice of fish topped with our own homemade slaw and Swiss cheese
- Fried Catfish Sandwich** 12
Fresh fillet, lightly fried. Served with lettuce, tomato, pickle, onion and our special tartar sauce
- Fish Sandwich**.....**Market Price**
Your choice of Mahi or Grouper. Blackened or Grilled served with lettuce, tomato, pickle and onion
- Philly Cheese Beef**..... 13
Thinly sliced roast beef smothered with seasoned mushrooms, bell peppers, onions and topped with melted cheese. Chopped Chicken Philly - \$10
- Chicken Sandwich**..... 12
Blackened or grilled. Served with lettuce, tomato, pickles and onion
Add Ham-\$1
- Buffalo Chicken Sandwich** 13
Three breaded chicken tenders, buffalo sauce and Provolone cheese
- BBQ Pulled Pork** 11
Tender pork with sweet BBQ sauce
- Shrimp PoBoy** 12
Shrimp, lettuce, tomato & PoBoy sauce
- Patty Melt**..... 12
Grilled onions and American cheese on toasted rye
- Remedy Burger**..... 14
Bacon, American cheese, BBQ sauce and crispy onion rings with lettuce, tomato and pickle.
- Island Cheese Burger**..... 12
Our island special sauce and grilled pineapple
- Build your own Cheese Burger** 12
Comes with yellow American cheese, lettuce, tomato, pickle and onion
- Pick a topping: \$1/each**
Mushrooms, Onion Rings, Bacon
Jalapeño & Bleu Cheese Crumbles
- Pick a sauce: .50 cents / each**
Bleu Cheese, Thousand Island, Horsey
or Chipotle Ranch

DINNERS

Served with our own corn puppies, homemade slaw and choice of Fries, Sweet Potato Fries or Potato Salad

- Mahi or Grouper Dinner** 18
- Fried Shrimp Dinner**..... 18
16 lightly breaded shrimp served with cocktail sauce
- Fried Catfish Dinner** 17
3 fillets fresh and lightly fried
- Fried Haddock Dinner**..... 17
Tender flaky white fish, beer battered and fried
- Seafood Platter**..... 32
Big Enough for 2!
8 fried clams, 8 shrimp, with our famous fried haddock
- Fried Chicken Fingers** 15
4 Panko breaded and fried. Served with honey mustard
- BBQ Chicken & Ribs**..... 26
Chicken breast and half rack of ribs.
Add-Bacon \$1, Add-Cheese \$1
- Full Slab of Ribs**..... 22

3 Bananas Presents PRIME RIB SATURDAY!

KIDS

- Cheese Burger & Fries** 8
- Chicken Fingers & Fries**..... 6
- Grilled Cheese & Fries**..... 6
- Catfish Fillet & Fries** 6

SIDES

- Celery, Carrots & Bleu Cheese** 3
- Slaw**..... 3
- French Fries**..... 3
- Sweet Potato Fries**.. 3
- Corn Puppies**..... 3
- Potato Salad** 3
- Onion Rings**..... 5
- Side Salad** 5

DESSERTS

- Fried Banana Cheesecake** 7
- Banana Cream Pie Pudding** 7
- Coconut Cream Pie** 7
- Key Lime Pie**..... 7